



# COUNTRY PROFILE

# CANADA



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Organize your trip  
[www.readytogo.fr](http://www.readytogo.fr)

Country : Canada  
Capital : Ottawa  
Language : English, French  
Population : 35 702 7071 inhabit km<sup>2</sup>(2015)  
Density : 3.5 inhabit km<sup>2</sup>  
Surface area : 9 984 670km<sup>2</sup>  
Currency : Canadian dollar  
Time zone : UTC -3:30 to -8  
Internet domain : .ca  
Telephone code : +1

## HEALTH SYSTEM

- Eligibility criteria for permanent residents and Canadian citizens in the public health system vary from province to province. Each territory then has its own health plan. Managed by the Canada Health Act, the public health system can be supplemented by paid services at private institutions.
- Public hospitals provide basic care only, including: prevention and treatment of common injuries and illnesses, basic emergency services, primary mental health care, palliative and end-of-life care, and health promotion, primary maternity care ...). The private sector cannot in any case support these services.
- Emergency services in public hospitals are also free for people who do not have a government health card. This card must be presented before any medical procedure.
- To cover the care provided by specialized institutions, you must subscribe to private insurance.

## VACCINES

To get to Canada, no vaccine is required except yellow fever. Travelers from an infected country over the age of one year must present a vaccination certificate. Between essential and circumstantial vaccines, we recommend the following vaccines :

- **Viral Hepatitis B**
- **Diphtheria • Tetanus**
- **Poliomyelitis**
- **Typhoid**

Specific vaccines for children can be made after medical consultation. Only the doctor can judge the effectiveness of updating the French vaccination calendar.

## SICKNESS

The performance of the Canadian health care system is well established. This is reflected in the level of satisfaction of Canadians. According to the annual survey on the quality of care, and in response to the question "Do Canadians receive quality services? The results were more than favorable, with a rate of 57% for the public sector, 72% for doctors, 76% for pharmacists and 91% for managers.

Health risks in Canada are, on the other hand, very minimal. But, it is still recommended to take the necessary precautions. If you are traveling in swampy areas, take the necessary measures to protect yourself against the fever of West Nile, a disease transmitted by infected mosquito bites, between May and October.

Care	Consultation at a General practitioner	Consultation with a dentist (cleaning, descaling and x-rays)
Prices	Between 50 and 100 \$	Between 100 and 125 \$

## THE DISADVANTAGES OF THE PUBLIC **SYSTEM**

- Overloading of public hospitals and emergency services
- Waiting times are very long
- Lack of professionals, which makes it difficult to find a general practitioner or to have an appointment in good time

## THE DISADVANTAGES OF THE PRIVATE **SYSTEM**

The care provided in private hospitals is very expensive. Subscription to a complementary mutual insurance is essential to be reimbursed.

### IN CASE OF **EMERGENCY**

Call

**911**

For any emergency: ambulances, police, fire department, paramedical services

Other numbers for **24/7** services are also available, such as :

Office of Persons with Disabilities in Quebec

**1 800 567-1465**

Sun Youth - Help in times of crisis

**514 842-6822**

### WORLD PASS **TIPS**

Before traveling to Canada, consider taking out private international insurance. The World Pass guarantee offers very advantageous conditions, at adapted rates according to the duration and the place of your stay.

#### **World Pass is :**

- The reimbursement of your medical expenses at their real costs and without deductible.
- Direct payment to the health facility for your expenses in case of hospitalization.
  - Assistance and medical repatriation.
  - Many other assistance guarantees.
- Legal assistance abroad (criminal bail and legal fees).
- Liability and personal accident insurance.

### DISCOVER MORE ABOUT THIS **DESTINATION**

[www.readytogo.fr/voyage-etudiant-canada](http://www.readytogo.fr/voyage-etudiant-canada)

All information to prepare your stay: formalities, housing, cost of living, insurance, internships, studies, advice & good plans ... Click. Leave!



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