



# COUNTRY PROFILE

# JAPAN



Access the site to  
Organize your trip  
[www.readytogo.fr](http://www.readytogo.fr)

**Country :** Japan  
**Capital :** Tokyo  
**Language :** Japanese  
**Population :** 127 103 3882 inhabit km<sup>2</sup>  
**Density :** 348, 25 inhabit km<sup>2</sup>  
**Surface area :** 377 915 km<sup>2</sup>  
**Currency :** Yen (JPY)  
**Time zone :** UTC +9  
**Internet domain :** .jp  
**Telephone code :** +81

## HEALTH SYSTEM

In Japan, life expectancy is one of the longest in the world! Their secret? While Japanese people often have an exemplary diet, they also have a state-of-the-art health care system. All the country's cities have many quality health facilities and the staff is highly qualified.

If there is a negative point about the health system in Japan, it is the high cost of care. It was impossible to go to Japan without taking out international insurance. Also, if you plan to settle in Japan, it is important to sign up for National Health Insurance in order to enjoy the same benefits as a Japanese citizen. This insurance covers 70% of the care (80% for the students only).

The steps to register for the AMN are very easy and are done at the town hall closest to your place of residence.

### GOOD TO KNOW

On the website of the French Embassy in Tokyo, you can find the list of French-speaking doctors in Japan, as well as the current vocabulary of medicine in Japanese : "<http://www.ambafrance-jp.org/Liste-de-notoriete-medicale>"

## VACCINES

No vaccine is required to enter Japanese territory. However, it is recommended by the Pastor Institute to have all your vaccines up to date and to inquire about the following vaccines if you are going for an extended stay in rural areas :

- **Hepatitis B**
- **Typhoid**
- **Japanese encephalitis**

## SICKNESS

There is no particular pandemic in Japan. However, we want to reassure you about the Fukushima nuclear accident in 2011. According to the World Health Organization (WHO), the risks to health are very low. We do not recommend you to venture there !

Care	Consultation at a General practitioner	Average price of a box of antibiotics
Prices	Between 41 and 82 €	14 €

## THE DISADVANTAGES OF THE PUBLIC **SYSTEM**

- Waiting times are relatively long.
- Staff speak only very rarely English.

## THE DISADVANTAGES OF THE PRIVATE **SYSTEM**

- Health care costs are very high.

### IN CASE OF **EMERGENCY**

Police : **110**

UMAS : **119**

French embassy in Japan :  
**03 5798 6000**

Permanence :  
**03 5798 6199**

### WORLD PASS **TIPS**

Health care costs are often more expensive abroad. To be better reimbursed for your health expenses, consider taking out a private insurance, World Pass type, to benefit from :

- 100% reimbursement of health and medical expenses at their real costs
- Direct payment of hospitalization and subsistence costs
- Assistance and medical repatriation
- Civil liability

### DISCOVER MORE ABOUT THIS **DESTINATION**

[www.readytogo.fr/voyage-etudiant-japon](http://www.readytogo.fr/voyage-etudiant-japon)

All information to prepare your stay: formalities, housing, cost of living, insurance, internships, studies, advice & good plans ... Click. Leave!



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